# Our beautiful canvas labyrinths are available for times of prayer and reflection...

The labyrinth is an ancient path on which you cannot get lost... a path that can offer a space for prayer and reflection.

In our demanding, busy world today many people are once again discovering and welcoming the reflective space that the labyrinth offers.

For more about labyrinths as a path for prayer please visit <a href="https://www.pilgrimpaths.co.uk">www.pilgrimpaths.co.uk</a>

Our canvas labyrinths can be laid out in your cathedral, church, chapel, school or hall. I can work with you to provide the most appropriate experience for your congregation, community, pupils, students, or colleagues. Barbara Wallace is an experienced teacher and prayer leader. She is a trained labyrinth facilitator, writer of labyrinth resources and designer of creative prayer experiences.

Barbara@pilgrimpaths.co.uk 07976970726

#### The money bit!

It would be a privilege to offer a labyrinth to your community. I mostly work in and around Kent.

The cost is just £50 per full day / £25 per part day plus my travel expenses at 45p per mile from Broadstairs.

I will also bring a small shop of our beautiful labyrinth prayer resources to each event.

For further details about me and the prayer resources we produce please visit www.pilgrimpaths.co.uk

If you would like to discuss this opportunity further I would be pleased to hear from you.

Best wishes Barbara

Barbara Wallace Pilgrim Paths Ltd 4 St George's Road Broadstairs CT10 1NR

## Walk and Pray



Would you like to offer a prayerful, reflective path to your congregation, community, pupils, students, or colleagues?

## Walk and Pray

#### The labyrinth can be offered

- ▶ To people of all ages
- ▶ As part of a retreat day / RE week
- ▶ For evening prayer
- ▶ At Advent / Lent / Easter / Pentecost
- ▶ At the beginning of a new year / term
- ▶ For a leavers' or farewell liturgy
- ▶ At times of choice and decisions
- ▶ At times of celebration
- ▶ To introduce Bible stories and Scripture reflection
- ▶ To introduce a different way to pray

### A Labyrinth Walk and Pray session can include:

- 1. An introduction to the labyrinth
- 2. How to draw and make temporary labyrinths
- Time to walk this depends on the size of the labyrinth and age of the walkers.
- Time to creatively reflect on the experience... writing thoughts, prayers or drawing images etc

The content and timings can be adapted to fit requirements.

#### I can bring with me:

- One or more of our 4 Canvas Labyrinths
- Prayer leaflets which include an introduction to the labyrinth
- Finger Labyrinths for further reflection and for those who find walking difficult
- ▶ Reflective Music
- ▶ A card or bookmark on which participants can write a thought or prayer to take home with them as a reminder of their walk.
- ▶ A basket of socks (the labyrinths are very expensive and need protection from outdoor shoes and bare feet)

Thus says the Lord:
Stand at the crossroads, and look,
and ask for the ancient paths,
where the good way lies; and walk in it,
and find rest for your souls...

Jeremiah 6:16



7 Circuit (8m)



5 Circuit (5.5m)



3 Circuit (3.7m)



3 circuit (3.17m)

More details www.pilgrimpaths.co.uk

#### The labyrinth is for everyone....

Some people like to walk with a companion i.e. if they have a visual impairment or are a bit wobbly on their feet...

Sadly the fabric and the twists and turns are not suitable for wheelchairs or motorised scooters... so I bring beautiful solid oak finger labyrinths for people to sit and pray with instead.