

Labyrinth Prayer Time

LOVE



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Beautiful Resources for Prayer and Reflection

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Before you walk...

You will need a Bible

Spend some time reading the beautiful lines from St Paul's first letter to the Corinthians, chapter 13, verses 4 -7.

Focus on the 'LOVE IS' words from St Paul...

- ♥ Patient
- ♥ Kind
- ♥ Not envious
- ♥ Not boastful
- ♥ Not arrogant
- ♥ Not rude
- ♥ Not selfish
- ♥ Not irritable
- ♥ Not resentful
- ♥ Rejoices in truth
- ♥ Bears all things
- ♥ Believes all things
- ♥ Hopes all things
- ♥ Endures all things
- ♥ Never ends

Who has loved you in your life so far?

Who have you loved in your life so far?

Where is there a need for love in your life, your family, your community and in our world today?

As you walk to the centre...

You might like to

- ♥ Give thanks for those who have shown you what love is...
- ♥ Ask for the grace to give love to others without reserve...
- ♥ Hold up to God those troubled places in the world that need to feel love...

At the centre...

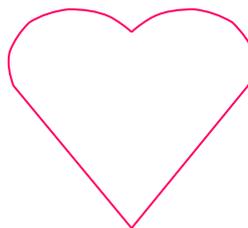


Prayerfully read these words from the first letter of St John:

'...let us love one another, because love is from God; everyone who loves is born of God, and knows God... for God is love... No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.'

1 John 4:7-12

Rest for a few moments in the centre of the labyrinth, rest in God's love.



Pick up a heart card and slowly leave the labyrinth.

As you walk out...

You might like to

- ♥ hold onto a thought, reflect on it and give thanks for it...
- ♥ consider a way to be more loving...
- ♥ hold onto the awe and wonder of God's living love in you...



As you leave...

Give praise and glory to God for this time spent in prayer...

Glory to the Father and to the Son and to the Holy Spirit as it was in the beginning is now and ever shall be world without end. Amen



After your walk...

You might like to write a few words on your heart card to remember this time of prayer. Take the card home and keep it safe in your prayer journal, prayer book, Bible or somewhere you can see it.

God is love.....



PRAYER CARDS AND BOOKMARKS - See page 10 - Print these onto card and cut out for people to write their prayers and thoughts...

