

# A Labyrinth Walk for Holy Week



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*Beautiful Resources for Prayer and Reflection*

**As you pray with your Labyrinth...**

stop along the way, read these Gospel verses at each stop and imagine that you are there, following Jesus, on his way through the streets of Jerusalem, to the cross.

**At the Centre -** Spend some time reflecting on this journey ... Talk to God about the thoughts and feelings in your heart...

We know that we will celebrate the glorious resurrection of Jesus on Easter Sunday...until then...

**Follow the labyrinth path home** and like the women of Galilee you might like to rest ...

and then, over the next day or so, perhaps you might like to take time to reflect on the life of Jesus... and what He means in your life today.

*We worship and praise you Lord Jesus because by your cross and resurrection you have redeemed the world.*

Then Pilate said to the chief priests and the crowds, "I find no basis for an accusation against this man."

But they were insistent and said, "He stirs up the people by teaching throughout Judea, from Galilee where he began even

*Pilate sent Jesus to Herod.* Herod with his soldiers treated him with contempt and mocked him... and sent him

Pilate said to them, "He has done nothing to deserve death. I will therefore have him flogged and release

It was now about noon, and darkness came over the whole land...while the sun's light failed; and the curtain of the temple

Then Jesus, crying with a loud voice, said, "Father, into your hands I commend my spirit." Having said this he

*Joseph of Arimathea* ...went to Pilate and asked for the body of Jesus. Then he took it down, wrapped it in a linen cloth, and laid it in a rock-hewn tomb where no one had ever been laid. The women who had come with him from Galilee followed, and they saw the tomb and how the body was laid... On the Sabbath day

But they kept urgently demanding with loud shouts that he should be crucified; and their voices prevailed...

Then one of the criminals said, "Jesus, remember me when you come into your kingdom." He replied, "Truly I tell you, today you will be with me in



*From the Gospel of St Luke 23:4-56 (NRSV)*

...they seized a man, Simon of Cyrene... and they laid the cross on him, and made him carry it behind

The soldiers also mocked him, coming up and offering him sour wine, and saying, "If you are the King of the Jews,

Then Jesus said, "Father forgive them; for they do not know what they are doing." And they cast lots to divide

Two others also, who were criminals, were led away to be put to death with him.. When they came to the place...they crucified Jesus there with

A great number of people followed him, and among them were women who were beating their breasts and wailing